REST IN GOD

INTRODUCTION

THROUGHOUT THE BIBLE GOD HAS PROMISED REST FOR HIS PEOPLE.

UNDERSTANDING THE THREE (3) PROGRESSIVE RESTS IN GOD AS REVEALED BY GOD IS ESSENTIAL FOR A DISCIPLE OF JESUS CHRIST.

ALL THE RESTS IN GOD REQUIRE US TO DO THE SPIRITUAL WORKS OF GOD AS WE STRIVE TO ENTER INTO THE KINGDOM OF HEAVEN.

I. WE FIRST MUST ENTER INTO THE SEVENTH DAY SABBATH REST FROM THE BONDAGE OF THIS WORLD WHEN WE ARE CALLED OUT BY GOD THE FATHER.

II. WE THEN WILL ENTER INTO THE STATE OF REST FOR OUR SOULS BY FAITH IN JESUS CHRIST.

III. WE THEN LOOK FORWARD TO THE RESURRECTION AT THE RETURN OF JESUS CHRIST WHEN WE WILL ENTER INTO THE PLACE OF SPIRITUAL REST IN THE KINGDOM OF HEAVEN.

KEY QUESTIONS THAT MUST BE ANSWERED:

- WHAT ARE THE DIFFERENT TYPES OF RESTS IN GOD MENTIONED IN THE BIBLE?
- ARE WE SEEKING AFTER THE REST IN GOD?
- HOW DO WE ENTER INTO THE REST IN GOD?
- WHEN DO WE ENTER INTO THE REST IN GOD?
- WHERE IS THE PLACE OF THE REST IN GOD?
- WHAT IS THE STATE OF OUR SOUL WHEN WE ARE AT REST IN GOD?
- WHAT HINDERS US FROM ENTERING THE DIFFERENT TYPES OF RESTS IN GOD?

- ❖ WHAT IS THE CONSEQUENCE OF NOT ATTAINING THE REST OF GOD?

❖ THE THREE (3) DIFFERENT RESTS IN GOD

GOD DOES NOT NEED ANY REST; BUT HAS CREATED DIFFERENT PROGRESSIVE RESTS FOR HIS PEOPLE.

THE LORD GOD DESIRES US TO ENTER INTO ALL OF HIS RESTS.

ALL THE DIFFERENT RESTS IN GOD BELONG TO GOD AND MUST BE GIVEN BY GOD.

THERE ARE THREE (3) DIFFERENT TYPES OF RESTS IN GOD FOR THE PEOPLE OF GOD MENTIONED IN THE BIBLE:

I. **THE SABBATH REST**: THIS IS A HOLY DAY OF PHYSICAL REST IN TIME AND DEMONSTRATES WORSHIP IN OBEDIENCE TO GOD AND HAS A SPIRITUAL BLESSING CONTRARY TO THE WAYS OF THE WORLD. DURING THIS TIME OF REST, WE MUST WORK THE SPIRITUAL WORKS OF GOD.

II. **THE REST FOR OUR SOULS:** THIS IS THE STATE OF REST FOR OUR SOULS – SPIRITUAL REST FROM THE ENEMIES OF OUR SOULS. SATAN; THE WORLD AND OUR FLESH AS WE FOLLOW AFTER JESUS CHRIST. THIS REST REQUIRES THAT WE HAVE FAITH IN JESUS CHRIST AND NOT TRUST IN THE WORKS OF THE FLESH.

III. **THE ETERNAL REST IN THE KINGDOM OF HEAVEN**: THIS IS THE FINAL REST AND IS THE PLACE OF OUR ETERNAL REST WHEN WE ENTER INTO THE KINGDOM OF HEAVEN – OUR INHERITANCE IN THE KINGDOM OF HEAVEN.

I. THE SABBATH REST IN GOD

WHY IS THE SABBATH REST IN GOD THE FIRST REST IN GOD THAT IS REVEALED BY GOD WHEN WE ARE CALLED?

THERE IS A SABBATH REST OF **HOLY TIME** EVERY REOCCURRING SEVENTH DAY FOR THE PEOPLE OF GOD.
THIS IS A REST IN TIME IN OUR PHYSICAL FLESH AND HAS SPIRITUAL BLESSINGS.
THE LORD GOD HAS MADE HIS PRESENCE IN EVERY REOCCURRING SEVENTH DAY TO MAKE IT HOLY TIME.

THE SABBATH REST IS THE FIRST REST WHICH MAN CAN ATTAIN TO WHEN WE ARE CALLED BY GOD THE FATHER TO JESUS CHRIST; BECAUSE WHEN WE COME TO CHRIST OUR MINDS ARE STILL CARNAL AND CAN ONLY KEEP THE SABBATH REST IN THE LETTER FIRST BEFORE WE CAN KEEP THE SABBATH IN THE SPIRIT BY THE LEADING OF THE HOLY SPIRIT. THIS SABBATH REST IN GOD IS A REST FROM THE RELIGIOUS SYSTEM OF THE WORLD.

- **KEY QUESTIONS TO BE ANSWERED:**
  - WHEN WAS MAN MADE?
  - WHEN WAS THE SABBATH MADE?
  - WHY WAS THE SABBATH REST MADE FOR MAN?
  - HOW WAS THE SABBATH MADE?
  - WHY DID GOD REST ON THE SEVENTH DAY?
  - DOES GOD NEED TO REST?

GOD IS NOT BOUNDED BY TIME OR LIVES IN TIME.

GOD LIVES IN ETERNITY – HE HAS CREATED TIME FOR MAN AND CAN DETERMINE TIMES FOR ALL CREATION.

WHEN GOD RESTED ON THE SEVENTH DAY; HE IMPARTED HIS HOLY PRESENCE IN EVERY REOCCURING SEVENTH DAY TIME SLOT GOING FORWARD.

Gen 2:2-3 (KJV) 2 And ON THE SEVENTH DAY God ended his work which he had made; and HE RESTED ON THE SEVENTH DAY from all his work which he had made.
Gen 2:3 (KJV) 3 And GOD BLESSED THE SEVENTH DAY, and SANCTIFIED IT: because that in it he had rested from all his work which God created and made.

OTHER RELATED SCRIPTURE ON **GENESIS 2:2-3:**

THE SABBATH WAS MADE BY THE HOLY REST OF GOD TO IMPART HIS SPIRITUAL PRESENCE IN EVERY REOCCURRING SEVENTH DAY TIME.

- WHEN WAS MAN MADE?
- WHEN WAS THE SABBATH MADE?

MAN WAS CREATED ON THE SIXTH DAY OF CREATION.

THE SABBATH WAS CREATED FOR MAN ON THE SEVENTH DAY OF CREATION.

THEREFORE, THE SEVENTH DAY SABBATH TIME SLOT WAS CREATED AFTER MAN WAS CREATED AND BECAUSE ALL THINGS WERE CREATED BY JESUS CHRIST; HE IS ALSO LORD OF THE SABBATH.

Mar 2:27-28 (KJV) 27 And he said unto them, THE SABBATH WAS MADE for man, and not man for the sabbath:
Mar 2:28 (KJV) 28 Therefore the Son of man is Lord also of the sabbath.

Col 1:16 (KJV) 16 FOR BY HIM WERE ALL THINGS CREATED, that are in heaven, and that are in earth, VISIBLE AND INVISIBLE, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:

Heb 1:2 (KJV) 2 Hath in these last days spoken unto us by HIS SON, whom he hath appointed heir of all things, BY WHOM ALSO HE MADE THE WORLDS;

- **THE FIRST REST REVEALED TO ISRAEL WAS THE HOLY SABBATH REST WHEN THEY CAME OUT OF EGYPT.**

THE FIRST **REST** THAT THE LORD GOD REVEALED TO THE PHYSICAL NATION OF ISRAEL AFTER THEY CAME OUT OF THE BONDAGE OF EGYPT WAS **THE SABBATH REST IN GOD**.

THE PHYSICAL NATION OF ISRAEL WAS IN THE BONDAGE OF EGYPT WORKING EVERY DAY – SEVEN (7) DAYS A WEEK WITH NO PHYSICAL REST. THEY NEEDED TO FIRST COME TO THE UNDERSTANDING OF WHICH DAY IS THE SABBATH REST IN GOD.

THE LORD GOD FIRST PROVED ISRAEL WITH THE SEVENTH DAY SABBATH REST IN HIS SPIRITUAL LAW – THE TEN (10) COMMANDMENTS.

EX 16:4 (KJV) 4 Then said the Lord unto Moses, Behold, I will rain bread from heaven for you; and the people shall go out and gather A CERTAIN RATE EVERY DAY, that I MAY PROVE THEM, WHETHER THEY WILL WALK IN MY LAW, OR NO.

WHAT WAS THE REST IN GOD REVEALED TO THE PHYSICAL NATION OF ISRAEL WHEN THEY CAME OUT OF THE BONDAGE OF EGYPT?

- WHICH DAY IS THE SEVENTH DAY HOLY SABBATH DAY?
- HOW DO WE KEEP THE HOLY SABBATH DAY?

THE **SABBATH REST IN GOD** OF HOLY TIME ON THE SEVENTH DAY OF THE WEEK WAS REVEALED TO THE NATION OF ISRAEL IN THE WILDERNESS WHEN THEY CAME OUT OF EGYPT WHICH WAS THE PLACE OF BONDAGE.

EX 16:23-27 (KJV) 23 And he said unto them, This is that which the Lord hath said, To morrow IS THE REST OF THE HOLY SABBATH UNTO THE LORD: bake that which ye will bake to day, and seethe that ye will seethe; and that which remaineth over lay up for you to be kept until the morning.
EX 16:24 (KJV) 24 And they laid it up till the morning, as Moses bade: and it did not stink, neither was there any worm therein.
EX 16:25 (KJV) 25 And Moses said, Eat that to day; FOR TO DAY IS A SABBATH UNTO THE LORD: to day ye shall not find it in the field.

EX 16:26 (KJV) 26 Six days ye shall gather it; BUT ON THE SEVENTH DAY, WHICH IS THE SABBATH, in it there shall be none.
EX 16:27 (KJV) 27 And it came to pass, that there went out some of the people ON THE SEVENTH DAY for to gather, and they found none.

THE SABBATH DAY REST IN GOD WAS INCLUDED AS ONE OF THE COMMANDMENTS OF THE COVENANT OF THE LETTER OF SPIRITUAL LAW OF GOD – THE TEN (10) COMMANDMENTS.

THE NATION OF ISRAEL COULD NOT MAKE THE SABBATH DAY HOLY; BUT WAS TO KEEP WHAT WAS MADE HOLY BY A HOLY GOD.

EX 20:8-11 (KJV) 8 Remember THE SABBATH DAY, to KEEP IT HOLY.
EX 20:9 (KJV) 9 Six days shalt thou labour, and do all thy work:
EX 20:10 (KJV) 10 But THE SEVENTH DAY IS THE SABBATH OF THE LORD THY GOD: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:
EX 20:11 (KJV) 11 For in six days the Lord made heaven and earth, the sea, and all that in them is, and RESTED THE SEVENTH DAY: wherefore the Lord blessed the sabbath day, and HALLOWED IT.

EX 31:13 (KJV) 13 Speak thou also unto the children of Israel, saying, Verily MY SABBATHS YE SHALL KEEP: FOR IT IS A SIGN BETWEEN ME AND YOU THROUGHOUT YOUR GENERATIONS; that ye may know that I am the Lord that doth sanctify you.

EX 31:15 (KJV) 15 Six days may work be done; but in the seventh is the sabbath of REST, HOLY TO THE LORD: whosoever doeth any work in the sabbath day, he shall surely be put to death.

EX 35:2 (KJV) 2 Six days shall work be done, but on the seventh day there shall be to you an holy day, a sabbath of REST TO THE LORD: whosoever doeth work therein shall be put to death.

❖ **THE OTHER HOLY DAYS SABBATH REST REVEALED BY GOD FOR THE NATION OF ISRAEL.**

Lev 25:4-5 (KJV) 4 But in the seventh year shall be a sabbath OF REST unto the land, A SABBATH FOR THE LORD: thou shalt neither sow thy field, nor prune thy vineyard.
Lev 25:5 (KJV) 5 That which groweth of its own accord of thy harvest thou shalt not reap, neither gather the grapes of thy vine undressed: for it is a year of REST unto the land.

- THE HOLY DAY SABBATH REST IN GOD IN THE FEAST OF UNLEAVENED BREAD.

Lev 23:5-8 (KJV) 5 In the FOURTEENTH DAY OF THE FIRST MONTH at even is the Lord's passover.
Lev 23:6 (KJV) 6 And on the FIFTEENTH DAY OF THE SAME MONTH is THE FEAST OF UNLEAVENED BREAD unto the Lord: seven days ye must eat unleavened bread.
Lev 23:7 (KJV) 7 IN THE FIRST DAY YE SHALL HAVE AN HOLY CONVOCATION: YE SHALL DO NO SERVILE WORK THEREIN.
Lev 23:8 (KJV) 8 But ye shall offer an offering made by fire unto the Lord seven days: IN THE SEVENTH DAY IS AN HOLY CONVOCATION: YE SHALL DO NO SERVILE WORK THEREIN.

- THE HOLY DAY SABBATH REST IN GOD IN THE FEAST OF PENTECOST (THEN CALLED FEAST OF WEEKS AND FEAST OF HARVEST).

Lev 23:11 (KJV) 11 AND HE SHALL WAVE THE SHEAF BEFORE THE LORD, TO BE ACCEPTED FOR YOU: ON THE MORROW AFTER THE SABBATH THE PRIEST SHALL WAVE IT.

Lev 23:16 (KJV) 16 Even unto THE MORROW AFTER THE SEVENTH SABBATH SHALL YE NUMBER FIFTY DAYS; and ye shall offer a new meat offering unto the Lord.

Lev 23:21 (KJV) 21 And ye shall proclaim on THE SELFSAME DAY, THAT IT MAY BE AN HOLY CONVOCATION UNTO YOU: YE

SHALL DO NO SERVILE WORK THEREIN: it shall be a statute for ever in all your dwellings throughout your generations.

Lev 23:3 (KJV) Six days shall work be done: but the seventh day is THE SABBATH OF REST, an holy convocation; ye shall do no work therein: it is the sabbath of the Lord in all your dwellings.

- THE HOLY DAY SABBATH REST IN GOD IN THE FEAST OF TRUMPETS.

Lev 23:24 (KJV) 24 Speak unto the children of Israel, saying, In the seventh month, in the first day of the month, shall ye have A SABBATH, a memorial of blowing of trumpets, an holy convocation.

- THE HOLY DAY SABBATH REST IN GOD IN THE DAY OF ATONEMENT.

Lev 16:31 (KJV) 31 It shall be A SABBATH OF REST unto you, and ye shall afflict your souls, by a statute for ever.

Lev 23:32 (KJV) 32 It shall be unto you A SABBATH OF REST, and ye shall afflict your souls: in the ninth day of the month at even, from even unto even, shall ye celebrate your sabbath.

- THE HOLYDAY SABBATH REST IN GOD IN THE FEAST OF TABERNACLES.

Lev 23:39 (KJV) 39 Also in the fifteenth day of the seventh month, when ye have gathered in the fruit of the land, ye shall keep a feast unto the Lord seven days: on the first day shall be A SABBATH, and on the eighth day shall be A SABBATH.

ALL STRANGERS WHO CAME TO JOIN THE PHYSICAL NATION OF ISRAEL KEPT THE SABBATH REST IN GOD.

EX 12:49 (KJV) 49 ONE LAW shall be to him that is homeborn, and unto the stranger that sojourneth among you.

Isa 56:1-6 (KJV) 1 Thus saith the Lord, Keep ye judgment, and do justice: for my salvation is near to come, and my righteousness to be revealed.
Isa 56:2 (KJV) 2 BLESSED IS THE MAN THAT DOETH THIS, and the son of man that layeth hold on it; THAT KEEPETH THE SABBATH FROM POLLUTING IT, and keepeth his hand from doing any evil.
Isa 56:3 (KJV) 3 Neither let the son of the stranger, that hath joined himself to the Lord, speak, saying, The Lord hath utterly separated me from his people: neither let the eunuch say, Behold, I am a dry tree.
Isa 56:4 (KJV) 4 For thus saith the Lord unto the eunuchs that keep MY SABBATHS, and choose the things that please me, and take hold of my covenant;
Isa 56:5 (KJV) 5 Even unto them will I give in mine house and within my walls a place and a name better than of sons and of daughters: I will give them an everlasting name, that shall not be cut off.
Isa 56:6 (KJV) 6 ALSO THE SONS OF THE STRANGER, THAT JOIN THEMSELVES TO THE LORD, TO SERVE HIM, AND TO LOVE THE NAME OF THE LORD, TO BE HIS SERVANTS, EVERY ONE THAT KEEPETH THE SABBATH FROM POLLUTING IT, and taketh hold of my covenant;

HOW DO WE KEEP THE SABBATH REST IN GOD?

Isa 58:13-14 (KJV) 13 IF THOU TURN AWAY THY FOOT FROM THE SABBATH, FROM DOING THY PLEASURE ON MY HOLY DAY; and CALL THE SABBATH A DELIGHT, THE HOLY OF THE LORD, honourable; and shalt honour him, NOT DOING THINE OWN WAYS, NOR FINDING THINE OWN PLEASURE, NOR SPEAKING THINE OWN WORDS:
Isa 56:14 (KJV) 14 Then shalt thou delight thyself in the Lord; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the Lord hath spoken it.

THE PROPHESIED SABBATH REST IN GOD FOR **ALL FLESH** AFTER THE RETURN OF JESUS CHRIST.

Isa 66:23 (KJV) 23 And it shall come to pass, that from one new moon to another, and FROM ONE SABBATH TO ANOTHER, SHALL ALL FLESH COME TO WORSHIP BEFORE ME, saith the Lord.

- **JESUS CHRIST KEPT THE SABBATH REST IN GOD.**

WHEN JESUS CHRIST CAME IN THE FLESH HE KEPT THE SABBATH REST IN GOD.

HE DID NOT FOCUS ON **WHICH DAY IS THE SABBATH DAY**; BECAUSE THE NATION OF ISRAEL ALREADY KNEW WHICH DAY WAS THE SEVENTH DAY SABBATH.

CHRIST FOCUS WAS ON **HOW TO KEEP THE SABBATH.**

Luke 4:16 (KJV) 16 And he came to Nazareth, where he had been brought up: and, AS HIS CUSTOM WAS, he went into the synagogue on THE SABBATH DAY, and stood up for to read.

- **THE NEW TESTAMENT CHURCH OF GOD UNDER THE APOSTLES KEPT THE SEVENTH DAY SABBATH REST IN GOD UNDER THE NEW COVENANT IN JESUS CHRIST IN OBEDIENCE TO THE COVENANT OF THE SPIRITUAL LAW OF GOD – THE TEN (10) COMMANDMENTS.**

Acts 13:14 (KJV) 14 But when they departed from Perga, they came to Antioch in Pisidia, and WENT INTO THE SYNAGOGUE ON THE SABBATH DAY, AND SAT DOWN.

Acts 13:42 (KJV) 42 A And when the Jews were gone out of the synagogue, the Gentiles besought that THESE WORDS MIGHT BE PREACHED TO THEM THE NEXT SABBATH.

Acts 13:44 (KJV) 44 And THE NEXT SABBATH DAY came almost the whole city together to hear the word of God.

THE ASSEMBLING ON THE SEVENTH DAY SABBATH REST IN GOD WAS NOT ONLY IN A SYNAGOGUE BUILDING; BUT ALSO, OUTSIDE IN A PRIVATE AREA.

Acts 16:13-15 (KJV) 13 And ON THE SABBATH we went out of the city by a river side, where prayer was wont to be made; and we sat down, and spake unto the women which resorted thither.
Acts 16:14 (KJV) 14 And a certain woman named Lydia, a seller of purple, of the city of Thyatira, which worshipped God, heard us: whose heart the Lord opened, that she attended unto the things which were spoken of Paul.
Acts 16:15 (KJV) 15 And when she was baptized, and her household, she besought us, saying, If ye have judged me to be faithful to the Lord, come into my house, and abide there. And she constrained us.

THE SABBATH REST FOR THE PEOPLE OF GOD IN THE NEW TESTAMENT CHURCH OF GOD UNDER THE NEW COVENANT.

IN THE BOOK OF HEBREWS, THE APOSTLE PAUL CONFIRMED THAT THERE IS STILL A REQUIREMENT FOR THE SABBATH DAY REST FOR THE PEOPLE OF GOD UNDER THE NEW COVENANT.

THE SABBATH REST IS THE REST IN TIME:
- THE WEEKLY SABBATH REST
- AND HOLY DAY SABBATH REST.

THE SABBATH REST IS A FORESHADOW OF THE ETERNAL REST IN THE KINGDOM OF GOD.

Heb 4:9 (KJV) 9 There remaineth therefore a rest to the people of God.

CONCLUSION:
I. THE SEVENTH DAY SABBATH IS A PHYSICAL REST IN TIME BLESSED BY GOD'S PRESENCE IN EVERY REOCCURRING SEVENTH DAY TIME SLOT.
II. PHYSICAL REST FOR OUR BODIES FROM OUR PHYSICAL WORKS TO REFRESH OUR BODIES.

III. SPIRITUAL TIME TO SPEND WITH THE TRUE AND HOLY GOD OF CREATION AND OTHERS OF LIKE UNDERSTANDING.

IV. THE SEVENTH DAY SABBATH TIME IS A TIME TO DO THE SPIRITUAL WORKS OF GOD IN PROMOTING THE KINGDOM OF GOD.

V. THE SEVENTH DAY SABBATH REST SEPARATES US FROM THE WORLD AND TEACHES US TO OVERCOME FLESH AND PROMOTE THE THINGS OF THE SPIRIT OF GOD.

VI. WE MUST BE PROVEN IN THE SEVENTH DAY SABBATH REST IN GOD BEFORE WE CAN OBTAIN THE OTHER RESTS IN GOD - THE SOUL REST AND THE ETERNAL REST IN GOD.

NOTE: JUST AS GOD PROVED THE NATION OF ISRAEL FIRST WITH THE SEVENTH DAY SABBATH REST WHEN THEY CAME OUT OF BONDAGE IN EGYPT; SO, IT IS WITH US WHEN WE ARE CALLED OUT OF THE WORLD.
GOD MUST FIRST PROVE US IN JESUS CHRIST BY THE KEEPING HIS HOLY SEVENTH DAY SABBATH REST IN THE LETTER OF THE COVENANT OF THE SPIRITUAL LAW OF GOD - THE TEN (10) COMMANDMENTS.

WHEN WE ARE CALLED OUT OF THE WORLD TO JESUS CHRIST; THE FIRST REST WE MUST BE OBEDIENT TO IS THE SEVENTH DAY SABBATH REST IN GOD BEFORE THE OTHER TWO (2) RESTS IN GOD ARE REVEALED TO US.

II. THE REST IN GOD FOR OUR SOULS

GOD PROVIDES THE STATE OF REST FOR OUR SOULS.

THE SOUL REST IS A SPIRITUAL STATE OF REST IN JESUS CHRIST BY FAITH IN CHRIST THROUGH THE LEADING OF THE HOLY SPIRIT.
WE MUST ENTER THE SPIRITUAL STATE OF REST BY FAITH IN JESUS CHRIST FOR OUR SOULS BEFORE WE ENTER INTO THE PLACE OF ETERNAL REST IN THE KINGDOM OF HEAVEN.

KEY QUESTIONS THAT SHOULD BE ANSWERED:

- WHAT IS THE REST FOR OUR SOULS?
- HOW DO WE RECEIVE REST FOR OUR SOULS?

THE PSALMIST DAVID SPOKE TO HIS SOUL TO RETURN TO THE SOUL REST IN GOD.

DAVID'S SOUL HAD LOST ITS STATE OF SPIRITUAL REST IN GOD BY UNBELIEF AND HE WAS ENCOURAGING HIS SOUL TO RETURN TO ITS STATE OF SPIRITUAL REST BY FAITH IN GOD.

Psa 116:7 (KJV) 7 Return unto THY REST, O MY SOUL; for the Lord hath dealt bountifully with thee.

MEDITATION ON THE WORD OF THE LORD WILL BRING SPIRITUAL REST TO OUR SOULS.

Isa 28:9-14 (KJV) 9 Whom shall he teach knowledge? and whom shall he make to understand doctrine? them that are weaned from the milk, and drawn from the breasts.
Isa 28:10 (KJV) 10 For precept must be upon precept, precept upon precept; line upon line, line upon line; here a little, and there a little:
Isa 28:11 (KJV) 11 For with stammering lips and another tongue will he speak to this people.
Isa 28:12 (KJV) 12 To whom he said, THIS IS THE REST WHEREWITH YE MAY CAUSE THE WEARY TO REST; and this is the refreshing: yet they would not hear.
Isa 28:13 (KJV) 13 But the word of the Lord was unto them precept upon precept, precept upon precept; line upon line, line upon line; here a little, and there a little; that they might go, and fall backward, and be broken, and snared, and taken.
Isa 28:14 (KJV) 14 Wherefore hear the word of the Lord, ye scornful men, that rule this people which is in Jerusalem.

WE NEED TO BE SEEKING AFTER THE SPIRITUAL REST OF GOD FOR OUR SOULS.

Jer 6:16 (KJV) 16 Thus saith the Lord, Stand ye in the ways, and see, and ask for the old paths, where is the good way, and walk therein, and YE SHALL FIND REST FOR YOUR SOULS. But they said, We will not walk therein.

- **NEW TESTAMENT SPIRITUAL REST IN JESUS CHRIST FOR OUR SOULS.**

JESUS CHRIST IS THE ONLY ONE THAT CAN **GIVE US SPIRITUAL REST** FOR OUR SOULS BY THE WORD OF GOD AND THE LEADING OF THE HOLY SPIRIT.

THE SPIRITUAL REST FOR OUR SOULS IS ONLY BY FAITH IN JESUS CHRIST.

JESUS CHRIST IS THE ONLY ONE WHO CAN REVEAL WHAT IS THE REQUIREMENT FOR THE SPIRITUAL REST IN OUR SOULS.

Matt 11:28-29 (KJV) 28 Come unto me, ALL YE THAT LABOUR and are heavy laden, and I WILL GIVE YOU REST.
Matt 11:29 (KJV) 29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and YE SHALL FIND REST UNTO YOUR SOULS.

- **OUR SOUL IS AT WAR AGAINST THE LUST OF OUR FLESH.**

THERE IS A WAR TAKING PLACE IN OUR SOULS AND WE NEED TO UNDERSTAND THIS WAR IN ORDER TO FIND SPIRITUAL REST FOR OUR SOULS IN JESUS CHRIST.

THE WAR IN OUR SOUL IS EITHER TO FOLLOW AFTER THE LUST OF THE FLESH WHICH RESULTS IN ETERNAL DEATH OR TO FOLLOW AFTER THE LEADING OF THE HOLY SPIRIT WHICH RESULTS IN ETERNAL LIFE.

WE DO NOT WAR TO BENEFIT OUR FLESH.

2 Cor 10:3-7 (KJV) 3 For though we walk in the flesh, WE DO NOT WAR AFTER THE FLESH:

2 Cor 10:4 (KJV) 4 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;)
2 Cor 10:5 (KJV) 5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;
2 Cor 10:6 (KJV) 6 And having in a readiness to revenge all disobedience, when your obedience is fulfilled.
2 Cor 10:7 (KJV) 7 Do ye look on things after the outward appearance? if any man trust to himself that he is Christ's, let him of himself think this again, that, as he is Christ's, even so are we Christ's.

IF OUR SOUL CONTINUES TO FOLLOW AFTER THE FLESH WE WILL DIE ETERNALLY WHICH IS THE SECOND DEATH IN THE LAKE OF FIRE.

Rom 8:13 (KJV) 13 For IF YE LIVE AFTER THE FLESH, YE SHALL DIE: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

IF OUR MINDS ARE NOT BEING RENEWED IN JESUS CHRIST OUR SOULS WILL NOT BE IN SPIRITUAL REST.

Heb 12:3 (KJV) 3 FOR CONSIDER HIM THAT ENDURED such contradiction of sinners against himself, LEST YE BE WEARIED AND FAINT IN YOUR MINDS.

WE NEED SALVATION FOR OUR SOULS BY FAITH IN OUR SAVIOUR JESUS CHRIST.

1 Peter 1:9 (KJV) 9 Receiving THE END OF YOUR FAITH, even THE SALVATION OF YOUR SOULS.

WE NEED OUR SOULS TO BE PURIFIED BY THE WORD OF GOD AND THE LEADING THE HOLY SPIRIT:

I. OBEDIENCE TO THE COVENANT OF THE SPIRITUAL LAW OF GOD – THE TEN (10) COMMANDMENTS
II. FAITH IN JESUS CHRIST AND THE WORD OF GOD
III. THE LEADING OF THE HOLY SPIRIT

1 Peter 1:22 (KJV) 22 Seeing YE HAVE PURIFIED YOUR SOULS IN OBEYING THE TRUTH THROUGH THE SPIRIT unto unfeigned love of the brethren, see that ye love one another with a pure heart fervently:
1 Peter 2:11 (KJV) 11 Dearly beloved, I beseech you as strangers and pilgrims, abstain from FLESHLY LUSTS, which WAR AGAINST THE SOUL;

JESUS CHRIST MUST BECOME THE BISHOP AND SHEPHERD OF OUR SOULS.

1 Peter 2:25 (KJV) 25 For ye were as sheep going astray; but are now returned unto THE SHEPHERD AND BISHOP OF YOUR SOULS.

James 4:1 (KJV) 1 From whence come wars and fightings among you? come they not hence, even of YOUR LUSTS THAT WAR IN YOUR MEMBERS?

OUR SOULS WILL FIND SPIRITUAL REST IN JESUS CHRIST BY HAVING PATIENT ENDURANCE TO THE END IN OUR LIFE IN CHRIST BY:

I. KEEPING THE COMMANDMENTS OF GOD
II. THE FAITH OF JESUS CHRIST

Luke 21:19 (KJV) 19 In YOUR PATIENCE possess ye YOUR SOULS.

OTHER RELATED SCRIPTURE TO PATIENCE:

Rev 14:12 (KJV) 12 Here is the PATIENCE of the saints: here are they that KEEP THE COMMANDMENTS OF GOD, and THE FAITH OF JESUS.

HOW DO WE KNOW THAT OUR SOULS ARE AT SPIRITUAL REST IN JESUS CHRIST?

I. WHEN WE FIND SPIRITUAL REST FOR OUR SOULS IN JESUS CHRIST, WE WOULD NOT BE WALKING AFTER THE

LUST OF THE FLESH – THE DESIRES OF OUR FLESH WOULD NOT BE LEADING OUR LIFE.

Gal 5:16-20 (KJV) 16 This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.
Gal 5:17 (KJV) 17 For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.
Gal 5:18 (KJV) 18 But if ye be led of the Spirit, ye are not under the law.
Gal 5:19 (KJV) 19 Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness,
Gal 5:20 (KJV) 20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies,

IF OUR SOULS ARE NOT AT SPIRITUAL REST IT IS BECAUSE WE ARE FOLLOWING AFTER **THE LUST OF THE FLESH;** THEREFORE WE WILL NOT INHERIT OUR PLACE OF ETERNAL REST IN THE KINGDOM OF GOD.

Gal 5:21 (KJV) 21 Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, THAT THEY WHICH DO SUCH THINGS SHALL NOT INHERIT THE KINGDOM OF GOD.

WHEN WE ARE NOT AT SPIRITUAL REST OUR SOULS WILL BE UNSTABLE.

2 Peter 2:14 (KJV) 14 Having eyes full of adultery, and that cannot cease from sin; beguiling UNSTABLE SOULS: an heart they have exercised with covetous practices; cursed children:

THE TRUTH OF THE WORD OF GOD IS REQUIRED TO SAVE OUR SOULS AS WE ARE TAUGHT BY THE HOLY SPIRIT.

James 1:21 (KJV) 21 Wherefore LAY APART all filthiness and superfluity of naughtiness, and receive with meekness THE ENGRAFTED WORD, WHICH IS ABLE TO SAVE YOUR SOULS.

II. WHEN WE FIND SPIRITUAL REST FOR OUR SOULS WE WOULD BE DEMONSTRATING THE FRUIT OF THE HOLY SPIRIT. THE HOLY SPIRIT IS RESPONSIBLE FOR LEADING OUR SOUL TO SPIRITUAL REST AND ONLY WHEN OUR SOULS ARE AT SPIRITUAL REST WE WILL DEMONSTRATE THE FRUIT OF THE HOLY SPIRIT.

Gal 5:22-23 (KJV) 22 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,
Gal 5:23 (KJV) 23 Meekness, temperance: against such there is no law.

Gal 5:25 (KJV) 25 If we live in the Spirit, let us also walk in the Spirit.

WHEN OUR SOULS ARE AT SPIRITUAL REST OUR PHYSICAL HEALTH PROSPERS.

OUR PHYSICAL HEALTH IS DEPENDENT ON THE STATE OF THE SPIRITUAL HEALTH OF OUR SOULS AT REST.

3 John 1:2 (KJV) 2 Beloved, I wish above all things that thou MAYEST PROSPER AND BE IN HEALTH, even as THY SOUL PROSPERETH.

❖ **AS OUR SOULS REST IN GOD WE MUST LABOUR IN TWO (2) DIFFERENT WAYS FOR THE KINGDOM OF HEAVEN.**

I. WE LABOR OR WORK TO PROMOTE THE MESSAGE OF THE GOSPEL OF THE KINGDOM OF HEAVEN.

II. WE LABOR TO OVERCOME THE ENEMIES OF THE KINGDOM OF HEAVEN IN OUR LIVES NOW IN ORDER TO ENTER INTO THE ETERNAL REST OF GOD:
   a. SATAN AND HIS ANGELS
   b. THIS PRESENT EVIL WORLD AND
   c. THE LUST OF OUR FLESH.

THERE IS A FALSE LABOR WHICH WILL HINDER US FROM ENTERING INTO THE SPIRITUAL REST IN GOD FOR OUR SOULS. WHEN WE COME TO CHRIST, WE MUST NOT CONTINUE TO LABOR OR WORK AFTER THE THINGS THAT SATISFY THE LUST OF THE FLESH.

Matt 11:28 (KJV) 28 Come unto me, all ye that LABOUR and are heavy laden, and I will give you REST.

WE LABOUR OR WORK FOR THE KINGDOM OF HEAVEN AS WE WAIT FOR THE RETURN OF JESUS CHRIST.

ARE WE DOING THE WORK OF GOD FOR THE KINGDOM OF GOD?

John 6:27-28 (KJV) 27 LABOUR not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed.
John 6:28 (KJV) 28 Then said they unto him, WHAT SHALL WE DO, that we might WORK THE WORKS OF GOD?

OTHER RELATED SCRIPTURES:

Matt 7:23 (KJV) 23 And then will I profess unto them, I never knew you: depart from me, YE THAT WORK INIQUITY.

Matt 21:28-31 (KJV) 28 But what think ye? A certain man had two sons; and he came to the first, and said, Son, GO WORK TO DAY in my vineyard.
Matt 21:29 (KJV) 29 He answered and said, I will not: but afterward he repented, and went.
Matt 21:30 (KJV) 30 And he came to the second, and said likewise. And he answered and said, I go, sir: and went not.
Matt 21:31 (KJV) 31 WHETHER OF THEM TWAIN DID THE WILL OF HIS FATHER? They say unto him, The first. Jesus saith unto them, Verily I say unto you, THAT THE PUBLICANS AND THE HARLOTS GO INTO THE KINGDOM OF GOD BEFORE YOU.

WE MUST BE TRADING OUR FATHER'S BUSINESS FOR THE KINGDOM OF HEAVEN WHILE WE AWAIT THE RETURN OF JESUS CHRIST.

Matt 25:16 (KJV) 16 Then he that had received the five talents went and TRADED with the same, and made them other five talents.

GOD THE FATHER AND JESUS CHRIST IS ALWAYS AT WORK FOR THE KINGDOM OF HEAVEN.

John 5:17 (KJV) 17 But Jesus answered them, My Father WORKETH hitherto, and I WORK.

John 9:4 (KJV) 4 I must WORK THE WORKS of him that sent me, while it is day: the night cometh, when no man can work.

ALL WHO FEAR GOD AND WORK THE RIGHTEOUSNESS OF GOD IS ACCEPTED BY GOD.

Acts 10:35 (KJV) 35 But in every nation HE THAT FEARETH HIM, and WORKETH RIGHTEOUSNESS, IS ACCEPTED WITH HIM.

THE APOSTLE PAUL ENCOURAGES US **TO GIVE DILIGENCE** TO ENTER IN THE ETERNAL REST OF GOD IN THE KINGDOM OF GOD BY FAITH IN JESUS CHRIST.

Heb 4:11 (KJV) 11 Let us LABOUR therefore TO ENTER INTO THAT REST, lest any man fall after the same example of unbelief.

CONCLUSION ON THE SPIRITUAL REST IN GOD FOR OUR SOULS.

HOW DO WE FIND SPIRITUAL REST FOR OUR SOULS?

I. KEEPING THE SEVENTH DAY SABBATH REST AS WE KEEP THE TEN (10) COMMANDMENTS.
II. HAVING THE FAITH OF JESUS CHRIST.
III. RECEIVING THE NEW SPIRIT OF MAN WHEN WE ARE BORN OF WATER – AT WATER BAPTISM.

IV. RECEIVING OF THE INDWELLING OF THE HOLY SPIRIT WHEN WE ARE BORN OF THE SPIRIT.
V. THE RENEWING OF OUR MINDS BY THE HOLY SPIRIT – ROMANS 12:2.
VI. THE PEACE OF GOD BRINGS SPIRITUAL REST IN OUR SOULS – PHILIPPIANS 4:4-8.
VII. WE NEED TO SPEAK CONTINUALLY TO OUR SOULS AS THE PSALMIST DAVID DID – PSALMS 116:7.
VIII. WHEN WE LABOUR FOR THE KINGDOM OF HEAVEN WE FIND SPIRITUAL REST IN GOD FOR OUR SOULS.

❖ **HOW DO WE FIND SPIRITUAL REST FOR OUR SOULS IN CHRIST?**

WE MUST SEE SPIRITUALLY **WHERE WE BELONG** IN THE KINGDOM OF GOD; WHILE WE LIVE IN THIS WORLD.

John 3:3 (KJV) 3 Jesus answered and said unto him, Verily, verily, I say unto thee, EXCEPT A MAN BE BORN AGAIN, HE CANNOT SEE THE KINGDOM OF GOD.

OTHER RELATED SCRIPTURES:

Matt 6:33 (KJV) 33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 3:5 (KJV) 5 Jesus answered, Verily, verily, I say unto thee, EXCEPT A MAN BE BORN OF WATER AND OF THE SPIRIT, HE CANNOT ENTER INTO THE KINGDOM OF GOD.

John 17:14-18 (KJV) 14 I have given them thy word; and the world hath hated them, BECAUSE THEY ARE NOT OF THE WORLD, EVEN AS I AM NOT OF THE WORLD.
John 17:15 (KJV) 15 I pray not that thou shouldest take them out of the world, but that thou shouldest keep them from the evil.
John 17:16 (KJV) 16 THEY ARE NOT OF THE WORLD, even as I am not of the world.
John 17:17 (KJV) 17 Sanctify them through thy truth: thy word is truth.

John 17:18 (KJV) 18 As thou hast sent me into the world, EVEN SO HAVE I ALSO SENT THEM INTO THE WORLD.

John 18:36 (KJV) 36 Jesus answered, MY KINGDOM IS NOT OF THIS WORLD: if my kingdom were of this world, then would my servants fight, that I should not be delivered to the Jews: BUT NOW IS MY KINGDOM NOT FROM HENCE.

❖ THE BOOK OF HEBREWS CHAPTER 3 AND CHAPTER 4

WHAT WAS "**THIS REST**" IN GOD THAT THE PHYSICAL NATION OF ISRAEL WERE NOT ABLE TO ENTER?

THE PHYSICAL NATION OF ISRAEL CAME OUT OF EGYPT – THE LAND OF BONDAGE; WHERE THEY WORKED EVERY DAY AND WAS GIVEN THE SEVENTH DAY SABBATH REST BY GOD; **BUT THEY DID NOT ALLOW THEIR SOULS TO REST SPIRITUALLY IN GOD BY HAVING FAITH IN GOD** AND SO MANY DIED IN THE WILDERNESS AND DID NOT INHERIT THEIR INHERITANCE IN THE LAND OF CANAAN – THE LAND FLOWING WITH MILK AND HONEY.

❖ HEBREW CHAPTER 3 VERSES 11-19

Heb 3:11-19 (KJV) 11 So I sware in my wrath, They shall not ENTER INTO MY REST.)
Heb 3:12 (KJV) 12 Take heed, brethren, lest there be in any of you AN EVIL HEART OF UNBELIEF, IN DEPARTING FROM THE LIVING GOD.
Heb 3:13 (KJV) 13 But EXHORT ONE ANOTHER DAILY, while it is called To day; lest any of you be hardened through the deceitfulness of sin.
Heb 3:14 (KJV) 14 For we are made partakers of Christ, if we hold the beginning of our confidence stedfast unto the end;
Heb 3:15 (KJV) 15 While it is said, To day if ye will hear his voice, harden not your hearts, as in the provocation.
Heb 3:16 (KJV) 16 For some, when they had heard, did provoke: howbeit not all that came out of Egypt by Moses.

Heb 3:17 (KJV) 17 But with whom was he grieved forty years? was it not with them that had sinned, whose carcases fell in the wilderness?

FAITH IN GOD IS REQUIRED TO ENTER INTO **THE STATE OF SPIRITUAL REST IN GOD** FOR OUR SOULS AND ALSO INTO **THE PLACE OF REST IN GOD**.

THE CHILDREN OF ISRAEL WHO DID NOT BELIEVE IN THE WORD OF GOD, DID NOT ENTER INTO THE STATE OF SPIRITUAL REST IN GOD FOR THEIR SOULS AND ALSO DIED IN THE WILDERNESS AND DID NOT ENTER THE PLACE OF REST IN THE LAND OF CANAAN.

Heb 3:18 (KJV) 18 And to whom sware he that they SHOULD NOT ENTER INTO HIS REST, BUT TO THEM THAT BELIEVED NOT?

UNBELIEF HINDERS US FROM ENTERING BOTH INTO **THE STATE OF SPIRITUAL REST** IN GOD FOR OUR SOULS; AS WELL AS INTO **THE PLACE OF ETERNAL REST** IN GOD IN THE KINGDOM OF HEAVEN.

Heb 3:19 (KJV) 19 So we see that they could NOT ENTER IN BECAUSE OF UNBELIEF.

OTHER RELATED SCRIPTURES ON THE WORD **REST** IN THE BOOK OF HEBREWS CHAPTER 3:11-19.

Psa 95:7-11 (KJV) 7 For he is our God; and we are the people of his pasture, and the sheep of his hand. TO DAY IF YE WILL HEAR HIS VOICE,
Psa 95:8 (KJV) 8 Harden not your heart, as in the provocation, and as in the day of temptation in the wilderness:
Psa 95:9 (KJV) 9 When your fathers tempted me, proved me, and saw my work.
Psa 95:10 (KJV) 10 Forty years long was I grieved with this generation, and said, IT IS A PEOPLE THAT DO ERR IN THEIR HEART, AND THEY HAVE NOT KNOWN MY WAYS:

Psa 95:11 (KJV) 11 Unto whom I sware in my wrath that they should not enter into MY REST.

THE NATION OF ISRAEL DID NOT EXERCISE FAITH IN GOD.

Num 14:11 (KJV) 11 And the Lord said unto Moses, HOW LONG WILL THIS PEOPLE PROVOKE ME? and HOW LONG WILL IT BE ERE THEY BELIEVE ME, for all the signs which I have shewed among them?

Num 14:22-24 (KJV) 22 Because all those men which have seen my glory, and my miracles, which I did in Egypt and in the wilderness, AND HAVE TEMPTED ME NOW THESE TEN TIMES, AND HAVE NOT HEARKENED TO MY VOICE;
Num 14:23 (KJV) 23 Surely they shall not see the land which I sware unto their fathers, neither shall any of them that provoked me see it:
Num 14:24 (KJV) 24 But my servant Caleb, because he had another spirit with him, and hath followed me fully, him will I bring into the land whereinto he went; and his seed shall possess it.

Num 32:9-13 (KJV) 9 For when they went up unto the valley of Eshcol, and saw the land, they discouraged the heart of the children of Israel, that they should not go into the land which the Lord had given them.
Num 32:10 (KJV) 10 And the Lord's anger was kindled the same time, and he sware, saying,
Num 32:11 (KJV) 11 Surely none of the men that came up out of Egypt, from twenty years old and upward, shall see the land which I sware unto Abraham, unto Isaac, and unto Jacob; BECAUSE THEY HAVE NOT WHOLLY FOLLOWED ME:
Num 32:12 (KJV) 12 Save Caleb the son of Jephunneh the Kenezite, and Joshua the son of Nun: FOR THEY HAVE WHOLLY FOLLOWED THE LORD.
Num 32:14 (KJV) 14 And the Lord's anger was kindled against Israel, and he made them wander in the wilderness forty years, until all the generation, that had done evil in the sight of the Lord, was consumed.

❖ **HEBREW CHAPTER 4 VERSES 1-11**

FAITH IN GOD IS REQUIRED TO ENTER INTO THE STATE OF SPIRITUAL REST IN GOD FOR OUR SOULS.

Heb 4:1 (KJV) 1 Let us therefore fear, lest, a promise being left us OF ENTERING INTO HIS REST, any of you should seem to come short of it.
Heb 4:2 (KJV) 2 For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, NOT BEING MIXED WITH FAITH in them that heard it.

OTHER RELATED SCRIPTURES TO HEB 4:1-2 ON THE FAITH THAT IS REQUIRED TO ENTER INTO THE STATE OF SPIRITUAL REST IN GOD FOR OUR SOULS:

Habakkuk 2:4 (KJV) 4 BEHOLD, HIS SOUL WHICH IS LIFTED UP IS NOT UPRIGHT IN HIM: BUT THE JUST SHALL LIVE BY HIS FAITH.

Rom 1:17 (KJV) 17 For therein is the righteousness of God revealed from faith to faith: as it is written, THE JUST SHALL LIVE BY FAITH.
Heb 10:38 (KJV) 38 NOW THE JUST SHALL LIVE BY FAITH: but if any man draw back, MY SOUL SHALL HAVE NO PLEASURE IN HIM.

Heb 11:6 (KJV) 6 BUT WITHOUT FAITH IT IS IMPOSSIBLE TO PLEASE HIM: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

THOSE WHO BELIEVE AND **HAVE FAITH IN JESUS CHRIST** ENTER INTO THE SPIRITUAL REST OF GOD FOR THEIR SOULS.

WHEN WE BELIEVE IN JESUS CHRIST BY FAITH WE ENTER INTO THE SPIRITUAL REST IN GOD FOR OUR SOULS.

Heb 4:3 (KJV) 3 FOR WE WHICH HAVE BELIEVED DO ENTER INTO REST, as he said, As I have sworn in my wrath, IF THEY

SHALL ENTER INTO MY REST: although the works were finished from the foundation of the world.

WHY DID GOD REST ON THE SEVENTH DAY FROM ALL HIS WORKS?

GOD RESTED ON THE SEVENTH DAY TO CREATE THE SEVENTH DAY SABBATH TIME OF REST AND TO INCLUDE HIS PRESENCE IN THIS TIME SLOT EVERY SEVEN (7) DAYS.

Heb 4:4 (KJV) 4 For he spake in a certain place of the seventh day on this wise, And GOD DID REST THE SEVENTH DAY from all his works.

OTHER RELATED SCRIPTURE ON HEB 4:4:

Gen 2:2-3 (KJV) 2 And on the seventh day God ended his work which he had made; and HE RESTED ON THE SEVENTH DAY from all his work which he had made.
Gen 2:3 (KJV) 3 And GOD BLESSED THE SEVENTH DAY, AND SANCTIFIED IT: because that in it he had rested from all his work which God created and made.

WE CAN ONLY ENTER INTO THE SPIRITUAL STATE OF REST IN GOD FOR OUR SOULS BY FAITH IN GOD.

UNBELIEF HINDERS US FROM ENTERING INTO THIS SPIRITUAL REST FOR OUR SOULS IN JESUS CHRIST.

Heb 4:5 (KJV) 5 And in this place again, IF THEY SHALL ENTER INTO MY REST.
Heb 4:6 (KJV) 6 Seeing therefore it remaineth that some must enter therein, and they to whom it was first preached ENTERED NOT IN BECAUSE OF UNBELIEF:
Heb 4:7 (KJV) 7 Again, he limiteth a certain day, saying in David, To day, after so long a time; as it is said, To day if ye will hear his voice, harden not your hearts.

JESUS CHRIST HAD GIVEN THE NATION OF ISRAEL **THE SEVENTH DAY SABBATH REST IN TIME** IN EXODUS 16:4-27; BUT THIS WAS NOT THE STATE OF SPIRITUAL REST IN GOD FOR THEIR SOULS. THEY NEEDED TO HAVE FAITH IN GOD TO HAVE THE STATE OF SPIRITUAL REST IN GOD FOR THEIR SOULS.

Heb 4:8 (KJV) 8 For IF JESUS HAD GIVEN THEM REST, then would he not afterward have spoken of another day.

THERE IS A COMMANDED SEVENTH DAY SABBATH REST FOR THE PEOPLE OF GOD IN THE NEW COVENANT CHURCH OF GOD IN JESUS CHRIST.

THE SABBATH REST IS THE REST IN TIME IN BOTH THE WEEKLY SEVENTH DAY SABBATH REST AND HOLY DAY SABBATH REST.

THE SABBATH REST WAS ALSO A FORESHADOW OF THE STATE OF SPIRITUAL REST IN GOD FOR OUR SOULS AND THE PLACE OF ETERNAL REST IN THE KINGDOM OF HEAVEN.

Heb 4:9 (KJV) 9 THERE REMAINETH THEREFORE A REST TO THE PEOPLE OF GOD.

- **ENTERING INTO THE SPIRITUAL STATE OF REST IN GOD FOR OUR SOULS BY FAITH IN JESUS CHRIST.**

THE REST BEING DESCRIBED BY THE APOSTLE PAUL IN HEBREWS 4:10-11 IS THE SPIRITUAL STATE OF REST IN GOD FOR OUR SOULS BY FAITH IN JESUS CHRIST.

THIS REST IN GOD CANNOT BE ENTERED BY THE WORKS OF THE LAW; BUT ONLY BY FAITH IN JESUS CHRIST.

WHEN WE ENTER INTO THE SPIRITUAL REST IN GOD FOR OUR SOULS; WE CEASE FROM THE WORKS AFTER OUR FLESH AND DO THE WORKS OF GOD AFTER THE LEADING OF THE HOLY SPIRIT.

THE **WORKS OF THE FLESH** MUST BE OVERCOMED AND FOLLOWED BY WORKS OF GOD AFTER THE LEADING OF THE HOLY SPIRIT.

WE HAVE A CHOICE TO PURSUE EITHER OF THE FOLLOWING WORKS:

I. THE WORKS OF GOD WHICH LEADS TO ETERNAL LIFE AS WE HAVE FAITH IN JESUS CHRIST AND FOLLOW THE LEADING OF THE HOLY SPIRIT.

II. THE WORKS AFTER THE FLESH WHICH LEADS TO ETERNAL DEATH.

WHEN WE TRULY ENTER INTO THE SPIRITUAL REST IN GOD FOR OUR SOULS BY FAITH IN JESUS CHRIST, WE CEASE FROM OUR OWN WORKS AFTER THE FLESH AND DO THE WORKS OF GOD BY THE LEADING OF THE HOLY SPIRIT.

Heb 4:10-11 (KJV) 10 For HE THAT IS ENTERED INTO HIS REST, he also hath ceased from his own works, as God did from his.

OTHER RELATED SCRIPTURES ON WORKS.

Matt 5:16 (KJV) 16 Let your light so shine before men, THAT THEY MAY SEE YOUR GOOD WORKS, and glorify your Father which is in heaven.

John 5:20 (KJV) 20 For the Father loveth the Son, and sheweth him all things that himself doeth: and HE WILL SHEW HIM GREATER WORKS THAN THESE, that ye may marvel.

John 5:36 (KJV) 36 But I have greater witness than that of John: FOR THE WORKS WHICH THE FATHER HATH GIVEN ME TO FINISH, THE SAME WORKS THAT I DO, bear witness of me, that the Father hath sent me.

THE WORKS OF GOD IS TO BELIEVE THE MESSAGE OF THE GOSPEL OF THE KINGDOM OF HEAVEN WHICH JESUS CHRIST BROUGHT FROM GOD THE FATHER.

John 6:28-29 (KJV) 28 Then said they unto him, WHAT SHALL WE DO, THAT WE MIGHT WORK THE WORKS OF GOD?
John 6:29 (KJV) 29 Jesus answered and said unto them, THIS IS THE WORK OF GOD, THAT YE BELIEVE ON HIM WHOM HE HATH SENT.

John 7:7 (KJV) 7 The world cannot hate you; but me it hateth, because I testify of it, THAT THE WORKS THEREOF ARE EVIL.

John 9:3-4 (KJV) 3 Jesus answered, Neither hath this man sinned, nor his parents: BUT THAT THE WORKS OF GOD SHOULD BE MADE MANIFEST IN HIM.
John 9:4 (KJV) 4 I MUST WORK THE WORKS OF HIM THAT SENT ME, while it is day: the night cometh, when no man can work.

John 10:25 (KJV) 25 Jesus answered them, I told you, and ye believed not: THE WORKS THAT I DO IN MY FATHER'S NAME, THEY BEAR WITNESS OF ME.

John 10:32 (KJV) 32 Jesus answered them, MANY GOOD WORKS HAVE I SHEWED YOU FROM MY FATHER; for which of those works do ye stone me?

John 10:37-38 (KJV) 37 If I do not THE WORKS of my Father, believe me not.
John 10:38 (KJV) 38 But if I do, though ye believe not me, BELIEVE THE WORKS: that ye may know, and believe, that the Father is in me, and I in him.

John 14:10-12 (KJV) 10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, HE DOETH THE WORKS.
John 14:11 (KJV) 11 Believe me that I am in the Father, and the Father in me: or else believe me for the very WORKS' sake.

John 14:12 (KJV) 12 Verily, verily, I say unto you, He that believeth on me, THE WORKS THAT I DO SHALL HE DO ALSO; AND GREATER WORKS THAN THESE SHALL HE DO; because I go unto my Father.

OTHER RELATED SCRIPTURES TO HEB 4:10:

Gal 5:16 (KJV) 16 This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

Gal 5:19-21 (KJV) 19 Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness,
Gal 5:20 (KJV) 20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies,
Gal 5:21 (KJV) 21 Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God.

Gal 5:25 (KJV) 25 If we live in the Spirit, let us also walk in the Spirit.

WE MUST LABOUR SPIRITUALLY **TO ENTER INTO THE STATE OF SPIRITUAL REST FOR OUR SOULS BY FAITH IN JESUS CHRIST**.

WHILE WE LABOUR SPIRITUALLY TO ENTER INTO THE SPIRITUAL REST IN GOD FOR OUR SOULS; WE MUST DO THE SPIRITUAL WORKS OF GOD BY THE LEADING AND THE POWER OF THE HOLY SPIRIT IN PROMOTING THE MESSAGE OF THE GOSPEL OF THE KINGDOM OF HEAVEN.

Heb 4:11 (KJV) 11 LET US LABOUR THEREFORE TO ENTER INTO THAT REST, LEST ANY MAN FALL AFTER THE SAME EXAMPLE OF UNBELIEF.

OTHER RELATED SCRIPTURE TO HEBREWS 4:10-11 FOR THE SPIRITUAL REST IN OUR SOULS BY FAITH IN JESUS CHRIST:

Gal 2:20 (KJV) 20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and THE LIFE WHICH I NOW LIVE IN THE FLESH I LIVE BY THE FAITH OF THE SON OF GOD, who loved me, and gave himself for me.

BECAUSE OF THE SHED BLOOD OF JESS CHRIST TO SEAL THE NEW COVENANT; WE NOW HAVE ACCESS GRANTED FOR OUR SOULS TO ENTER INTO THE PRESENCE OF THE THRONE OF GOD THE FATHER IN PRAYER.

Heb 10:19 (KJV) 19 Having therefore, brethren, boldness to ENTER INTO THE HOLIEST by the blood of Jesus,

- **RESTING FROM OUR WORKS AFTER THE FLESH.**

WE ARE REQUIRED TO REST FROM **OUR OWN WORKS OF THE FLESH** AND BE LED BY THE HOLY SPIRIT TO DO THE WORKS OF GOD.

John 6:27-28 (KJV) 27 Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed.
John 6:28 (KJV) 28 Then said they unto him, What shall we do, that WE MIGHT WORK THE WORKS OF GOD?

Gal 5:16-21 (KJV) 16 This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

THERE IS A SPIRITUAL WAR TAKING PLACE IN US FOR THE CONTROL OF THE STATE OF OUR SOUL. WE MUST SUBMIT TO THE LEADING OF THE HOLY SPIRIT TO OVERCOME THE FLESH.

Gal 5:17 (KJV) 17 For THE FLESH LUSTETH AGAINST THE SPIRIT, AND THE SPIRIT AGAINST THE FLESH: and these are contrary the one to the other: so that ye cannot do the things that ye would.
Gal 5:18 (KJV) 18 But if ye be led of the Spirit, ye are not under the law.

Gal 5:19 (KJV) 19 Now THE WORKS OF THE FLESH are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness,
Gal 5:20 (KJV) 20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies,
Gal 5:21 (KJV) 21 Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God.

WHEN WE COME TO JESUS CHRIST, WE CEASE FROM OUR OWN WORKS AFTER THE FLESH AND PROMOTE THE WORKS OF GOD BY THE LEADING OF THE HOLY SPIRIT.

2 Tim 1:9 (KJV) 9 Who hath saved us, and called us with an holy calling, NOT ACCORDING TO OUR WORKS, but according to his own purpose and grace, which was given us in Christ Jesus before the world began,

- **RESTETH**

Prov 14:33 (KJV) 33 Wisdom RESTETH in the heart of him that hath understanding: but that which is in the midst of fools is made known.

Ecc 7:9 (KJV) 9 Be not hasty in thy spirit to be angry: for anger RESTETH in the bosom of fools.

1 Peter 4:14 (KJV) 14 If ye be reproached for the name of Christ, happy are ye; for the spirit of glory and of God RESTETH upon you: on their part he is evil spoken of, but on your part he is glorified.

III. THE ETERNAL PLACE OF REST IN GOD IN THE KINGDOM OF HEAVEN.

ARE WE ANTICIPATING OUR ETERNAL RESTING PLACE IN THE KINGDOM OF HEAVEN?

ONLY AFTER WE FULFILL THE SEVENTH DAY SABBATH REST IN GOD AND THE SPIRITUAL REST FOR OUR SOULS IN GOD BY FAITH IN JESUS CHRIST; WILL WE BE GRANTED **THE ETERNAL REST** IN THE KINGDOM OF HEAVEN AT THE RESURRECTION AT THE RETURN OF JESUS CHRIST.

THERE IS AN ETERNAL RESTING PLACE PREPARED BY JESUS CHRIST AWAITING THOSE CALLED TO BE THE FIRSTFRUITS OF GOD WHO ARE:

I. KEEPING THE SEVENTH DAY SABBATH REST HOLY UNTO GOD IN ACCORDANCE TO THE COVENANT OF THE SPIRITUAL LAW OF GOD – THE TEN (10) COMMANDMENTS.

II. KEEPING THEIR SOULS AT SPIRITUAL REST BY FAITH IN JESUS CHRIST AND DOING THE WORKS OF GOD IN PROMOTING THE KINGDOM OF GOD WHILE WALKING IN THE FLESH IN THIS WORLD.

JUST AS THE LORD GOD HAD PREPARED A PLACE OF INHERITANCE FOR THE PHYSICAL NATION OF ISRAEL CALLED THE LAND OF CANAAN; OUR ETERNAL PLACE OF REST OR OUR ETERNAL HOME IS PREPARED FOR US IS IN THE KINGDOM OF GOD OR KINGDOM OF HEAVEN.

JESUS CHRIST HAS GONE TO PREPARE AN ETERNAL PLACE OF REST IN THE KINGDOM OF HEAVEN FOR THE SAINTS OF GOD; WHO ARE ALREADY KEEPING THE SEVENTH DAY SABBATH REST IN GOD AND THE STATE OF SPIRITUAL REST IN THEIR SOULS BY THE FAITH OF JESUS CHRIST.

WE MUST BE LOOKING FORWARD TO ENTERING AND FUNCTIONING IN THE KINGDOM OF HEAVEN THAT IS COMING TO THIS EARTH AS WE PREPARE NOW INDIVIDUALLY AND COLLECTIVELY BY DOING THE WORK OF GOD.

John 14:2-3 (KJV) 2 In my Father's house are many mansions: if it were not so, I would have told you. I GO TO PREPARE A PLACE FOR YOU.

John 14:3 (KJV) 3 And if I GO AND PREPARE A PLACE FOR YOU, I will come again, and receive you unto myself; that where I am, there ye may be also.

OTHER RELATED SCRIPTURES:

OLD COVENANT SAINTS OF GOD LOOKED FOR A COMING CITY FROM GOD.

Heb 11:13-16 (KJV) 13 These all died in faith, not having received the promises, but having seen them afar off, and were persuaded of them, and embraced them, and CONFESSED THAT THEY WERE STRANGERS AND PILGRIMS ON THE EARTH.
Heb 11:14 (KJV) 14 For they that say such things declare plainly that they seek a country.
Heb 11:15 (KJV) 15 And truly, if they had been mindful of that country from whence they came out, they might have had opportunity to have returned.
Heb 11:16 (KJV) 16 But now they desire a better country, that is, AN HEAVENLY: wherefore God is not ashamed to be called their God: FOR HE HATH PREPARED FOR THEM A CITY.

❖ ENTERING INTO THE KINGDOM OF HEAVEN.

Matt 5:20 (KJV) 20 For I say unto you, That except your righteousness shall exceed the righteousness of the scribes and Pharisees, ye shall in no case ENTER INTO THE KINGDOM OF HEAVEN.

Matt 7:21 (KJV) 21 Not every one that saith unto me, Lord, Lord, SHALL ENTER INTO THE KINGDOM OF HEAVEN; but he that doeth the will of my Father which is in heaven.

Matt 18:3 (KJV) 3 And said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not ENTER INTO THE KINGDOM OF HEAVEN.

Matt 19:23 (KJV) 23 Then said Jesus unto his disciples, Verily I say unto you, That a rich man shall hardly ENTER INTO THE KINGDOM OF HEAVEN.

❖ ENTERING INTO THE KINGDOM OF GOD.

Matt 19:24 (KJV) 24 And again I say unto you, It is easier for a camel to go through the eye of a needle, than for a rich man to ENTER INTO THE KINGDOM OF GOD.

Mar 9:47 (KJV) 47 And if thine eye offend thee, pluck it out: it is better for thee TO ENTER INTO THE KINGDOM OF GOD with one eye, than having two eyes to be cast into hell fire:

Mar 10:15 (KJV) 15 Verily I say unto you, Whosoever shall not receive THE KINGDOM OF GOD as a little child, he shall not enter therein.

Mar 10:23-25 (KJV) 23 And Jesus looked round about, and saith unto his disciples, How hardly shall they that have riches ENTER INTO THE KINGDOM OF GOD!
Mar 10:24 (KJV) 24 And the disciples were astonished at his words. But Jesus answereth again, and saith unto them, Children, how hard is it for them that trust in riches to ENTER INTO THE KINGDOM OF GOD!
Mar 10:25 (KJV) 25 It is easier for a camel to go through the eye of a needle, than for a rich man to ENTER INTO THE KINGDOM OF GOD.

Luke 18:24-25 (KJV) 24 And when Jesus saw that he was very sorrowful, he said, How hardly shall they that have riches ENTER INTO THE KINGDOM OF GOD!
Luke 18:25 (KJV) 25 For it is easier for a camel to go through a needle's eye, than for a rich man to ENTER INTO THE KINGDOM OF GOD.

John 3:5 (KJV) 5 Confirming the souls of the disciples, and exhorting them to continue in the faith, and that we must through much tribulation ENTER INTO THE KINGDOM OF GOD.

Acts 14:22 (KJV) 22 Confirming the souls of the disciples, and exhorting them to continue in the faith, and that we must through much tribulation ENTER INTO THE KINGDOM OF GOD.

❖ ENTERING INTO ETERNAL LIFE.

Matt 18:8-9 (KJV) 8 Wherefore if thy hand or thy foot offend thee, cut them off, and cast them from thee: it is better for thee to ENTER INTO LIFE halt or maimed, rather than having two hands or two feet to be cast into everlasting fire.
Matt 18:9 (KJV) 9 And if thine eye offend thee, pluck it out, and cast it from thee: it is better for thee to ENTER INTO LIFE with one eye, rather than having two eyes to be cast into hell fire.

Matt 19:17 (KJV) 17 And he said unto him, Why callest thou me good? there is none good but one, that is, God: but if thou wilt ENTER INTO LIFE, keep the commandments.

Mar 9:43 (KJV) 43 And if thy hand offend thee, cut it off: it is better for thee to ENTER INTO LIFE maimed, than having two hands to go into hell, into the fire that never shall be quenched:

Mar 9:45 (KJV) 45 And if thy foot offend thee, cut it off: it is better for thee to ENTER HALT INTO LIFE, than having two feet to be cast into hell, into the fire that never shall be quenched:

❖ ENTERING INTO THE STRAIT GATE.

Matt 7:13-14 (KJV) 13 ENTER YE IN AT THE STRAIT GATE: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:
Matt 7:14 (KJV) 14 Because STRAIT IS THE GATE, and NARROW IS THE WAY, which leadeth unto life, and few there be that find it.

Luke 13:23-24 (KJV) 23 Then said one unto him, Lord, are there few that be saved? And he said unto them,
Luke 13:24 (KJV) 24 STRIVE TO ENTER IN AT THE STRAIT GATE: for many, I say unto you, will seek to enter in, and shall not be able.

❖ ENTERING INTO THE JOY OF THE LORD.

Matt 25:21 (KJV) 21 His lord said unto him, Well done, thou good and faithful servant: thou hast been faithful over a few things, I will make thee ruler over many things: ENTER THOU INTO THE JOY OF THY LORD.

Matt 25:23 (KJV) 23 His lord said unto him, Well done, good and faithful servant; thou hast been faithful over a few things, I will make thee ruler over many things: ENTER THOU INTO THE JOY OF THY LORD.

❖ ENTER INTO THE GATES OF THE CITY.

Rev 22:14 (KJV) 14 Blessed are they that do his commandments, that they may have right to the tree of life, and may ENTER IN THROUGH THE GATES INTO THE CITY.

CONCLUSION: OUR PLACE OF ETERNAL REST IS IN THE KINGDOM OF HEAVEN:

FOR OUR SOULS TO ENTER INTO THE PLACE OF ETERNAL REST IN THE KINGDOM OF HEAVEN WE MUST BE:

I. KEEPING THE SEVENTH DAY HOLY SABBATH DAY REST OF GOD.
II. OUR SOULS MUST BE IN A SPIRITUAL STATE OF REST IN GOD BY FAITH IN JESUS CHRIST FROM THE THINGS OF THIS WORLD AND THE LUST OF OUR FLESH.
III. WORKING FOR THE KINGDOM OF HEAVEN IN PROMOTING THE TRUE MESSAGE OF THE GOSPEL OF THE KINGDOM OF HEAVEN.

❖ **ALL RELATED SCRIPTURES ON THE REST OF GOD IN THE BIBLE**

THERE IS A SPIRITUAL REST FOR OUR SOULS IN GOD.

Psa 116:7 (KJV) 7 Return unto THY REST, O MY SOUL; for the Lord hath dealt bountifully with thee.

Lam 1:3 (KJV) 3 Judah is gone into captivity because of affliction, and because of great servitude: she dwelleth among the heathen, SHE FINDETH NO REST: all her persecutors overtook her between the straits.

Gen 49:15 (KJV) 15 And he saw THAT REST was good, and the land that it was pleasant; and bowed his shoulder to bear, and became a servant unto tribute.

Num 10:33 (KJV) 33 And they departed from the mount of the Lord three days' journey: and the ark of the covenant of the Lord went before them in the three days' journey, to search out A RESTING PLACE FOR THEM.

Deut 12:9 (KJV) 9 For ye are not as yet come TO THE REST and TO THE INHERITANCE, which the Lord your God giveth you.

Ruth 1:9 (KJV) 9 The Lord grant you that ye may find REST, each of you in the house of her husband. Then she kissed them; and they lifted up their voice, and wept.

1 King 8:56 (KJV) 56 Blessed be the Lord, that hath GIVEN REST UNTO HIS PEOPLE ISRAEL, according to all that he promised: there hath not failed one word of all his good promise, which he promised by the hand of Moses his servant.

1 Chron 28:2 (KJV) 2 Then David the king stood up upon his feet, and said, Hear me, my brethren, and my people: As for me, I had in mine heart to build an house OF REST for the ark of the covenant of the Lord, and for the footstool of our God, and had made ready for the building:

Psa 95:11 (KJV) 11 Unto whom I sware in my wrath that THEY SHOULD NOT ENTER INTO MY REST.

Psa 132:8 (KJV) 8 Arise, O Lord, INTO THY REST; thou, and the ark of thy strength.

Psa 132:14 (KJV) 14 THIS IS MY REST FOR EVER: here will I dwell; for I have desired it.

Isa 11:10 (KJV) 10 And in that day there shall be a root of Jesse, which shall stand for an ensign of the people; to it shall the Gentiles seek: AND HIS REST SHALL BE GLORIOUS.

Isa 28:12 (KJV) 12 To whom he said, THIS IS THE REST wherewith ye may cause the weary TO REST; and this is the refreshing: yet they would not hear.

Isa 32:18 (KJV) 18 And my people shall dwell in a peaceable habitation, and in sure dwellings, and in quiet RESTING PLACES;

Isa 66:1 (KJV) 1 Thus saith the Lord, The heaven is my throne, and the earth is my footstool: where is the house that ye build unto me? and WHERE IS THE PLACE OF MY REST?

Jer 45:3 (KJV) 3 Thou didst say, Woe is me now! for the Lord hath added grief to my sorrow; I fainted in my sighing, and I FIND NO REST.

Micah 2:10 (KJV) 10 Arise ye, and depart; FOR THIS IS NOT YOUR REST: because it is polluted, it shall destroy you, even with a sore destruction.

Jer 6:16 (KJV) 16 Thus saith the Lord, Stand ye in the ways, and see, and ask for the old paths, where is the good way, and walk therein, AND YE SHALL FIND REST FOR YOUR SOULS. But they said, We will not walk therein.

Gen 8:4 (KJV) 4 And the ark RESTED in the seventh month, on the seventeenth day of the month, upon the mountains of Ararat.

EX 20:11-12 (KJV) 11 For in six days the Lord made heaven and earth, the sea, and all that in them is, and RESTED the seventh

day: wherefore the Lord blessed the sabbath day, and hallowed it.
EX 23:12 (KJV) 12 Six days thou shalt do thy work, and on the seventh day thou shalt rest: that thine ox and thine ass MAY REST, and the son of thy handmaid, and the stranger, may be refreshed.

EX 33:14 (KJV) 14 And he said, MY PRESENCE SHALL GO WITH THEE, AND I WILL GIVE THEE REST.
Deut 3:20 (KJV) 20 Until the Lord have given REST unto your brethren, as well as unto you, and until they also possess the land which the Lord your God hath given them beyond Jordan: and then shall ye return every man unto his possession, which I have given you.
Deut 5:14 (KJV) 14 But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, nor thy manservant, nor thy maidservant, nor thine ox, nor thine ass, nor any of thy cattle, nor thy stranger that is within thy gates; that thy manservant and thy maidservant may REST as well as thou.

Deut 12:10 (KJV) 10 But when ye go over Jordan, and dwell in the land which the Lord your God giveth you to inherit, and WHEN HE GIVETH YOU REST from all your enemies round about, so that ye dwell in safety;

Deut 25:19 (KJV) 19 Therefore it shall be, when the Lord thy God hath given thee REST from all thine enemies round about, in the land which the Lord thy God giveth thee for an inheritance to possess it, that thou shalt blot out the remembrance of Amalek from under heaven; thou shalt not forget it.

Joshua 1:13 (KJV) 13 Remember the word which Moses the servant of the Lord commanded you, saying, THE LORD YOUR GOD HATH GIVEN YOU REST, and hath given you this land.

Joshua 1:15 (KJV) 15 Until the Lord have given your brethren REST, as he hath given you, and they also have possessed the land which the Lord your God giveth them: then ye shall return

unto the land of your possession, and enjoy it, which Moses the Lord's servant gave you on this side Jordan toward the sunrising.

Joshua 21:44 (KJV) 44 And the Lord GAVE THEM REST round about, ACCORDING TO ALL THAT HE SWARE UNTO THEIR FATHERS: and there stood not a man of all their enemies before them; the Lord delivered all their enemies into their hand.

Joshua 22:4 (KJV) 4 And now the Lord your God hath GIVEN REST unto your brethren, as he promised them: therefore now return ye, and get you unto your tents, and unto the land of your possession, which Moses the servant of the Lord gave you on the other side Jordan.

Joshua 23:1 (KJV) 1 And it came to pass a long time after that the Lord had given REST unto Israel from all their enemies round about, that Joshua waxed old and stricken in age.

Prov 14:33 (KJV) 33 Wisdom RESTETH in the heart of him that hath understanding: but that which is in the midst of fools is made known.

Prov 21:16 (KJV) 16 The man that wandereth out of the way of understanding SHALL REMAIN in the congregation of the dead.

Isa 11:2 (KJV) 2 And the spirit of the Lord shall REST upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the Lord;

Isa 14:3 (KJV) 3 And it shall come to pass in the day THAT THE LORD SHALL GIVE THEE REST FROM THY SORROW, and FROM THY FEAR, and FROM THE HARD BONDAGE wherein thou wast made to serve,

Isa 28:12 (KJV) 12 To whom he said, This is THE REST wherewith ye may cause the weary TO REST; and this is the refreshing: yet they would not hear.

Isa 63:14 (KJV) 14 As a beast goeth down into the valley, THE SPIRIT OF THE LORD caused him to REST: so didst thou lead thy people, to make thyself a glorious name.

Lam 5:5 (KJV) 5 Our necks are under persecution: we labour, and have NO REST.

Eze 37:1 (KJV) 1 The hand of the Lord was upon me, and carried me out in the spirit of the Lord, and SET ME DOWN in the midst of the valley which was full of bones,

Dan 12:13 (KJV) 13 But go thou thy way till the end be: for thou shalt REST, and stand in thy lot at the end of the days.

Hab 3:16 (KJV) 16 When I heard, my belly trembled; my lips quivered at the voice: rottenness entered into my bones, and I trembled in myself, THAT I MIGHT REST in the day of trouble: when he cometh up unto the people, he will invade them with his troops.

Psa 16:9 (KJV) 9 Therefore my heart is glad, and my glory rejoiceth: my flesh also shall REST in hope.

❖ OTHER NEW TESTAMENT SCRIPTURES ON REST

THE SPIRITUAL STATE OF REST FOR OUR SOULS. WE REST BY DOING THE WORK OF GOD BY THE LEADING OF THE HOLY SPIRIT.

Matt 11:29 (KJV) 29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and YE SHALL FIND REST UNTO YOUR SOULS.

Matt 12:43 (KJV) 43 When the unclean spirit is gone out of a man, he walketh through dry places, seeking REST, and findeth none.

Luke 11:24 (KJV) 24 When the unclean spirit is gone out of a man, he walketh through dry places, seeking REST; and finding none, he saith, I will return unto my house whence I came out.

Rev 4:8 (KJV) 8 And the four beasts had each of them six wings about him; and they were full of eyes within: and <u>THEY REST</u> not day and night, saying, Holy, holy, holy, Lord God Almighty, which was, and is, and is to come.

Rev 14:11 (KJV) 11 And the smoke of their torment ascendeth up for ever and ever: and they have no <u>REST</u> day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name.

Matt 11:28-29 (KJV) 28 Come unto me, all ye that labour and are heavy laden, and I will give you <u>REST.</u>
Matt 11:29 (KJV) 29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find <u>REST UNTO YOUR SOULS.</u>

2 Cor 2:13 (KJV) 13 I had no <u>REST IN MY SPIRIT,</u> because I found not Titus my brother: but taking my leave of them, I went from thence into Macedonia.

<u>GOD HAS **A PLACE OF REST** – HIS DWELLING PLACE AT HIS THRONE IN HEAVEN.</u>

Acts 7:49 (KJV) 49 Heaven is my throne, and earth is my footstool: what house will ye build me? saith the Lord: or <u>WHAT IS THE PLACE OF MY REST?</u>

<u>OTHER RELATED SCRIPTURE:</u>

Isa 66:1 (KJV) 1 Thus saith the Lord, The heaven is my throne, and the earth is my footstool: where is the house that ye build unto me? and <u>WHERE IS THE PLACE OF MY REST?</u>

❖ <u>WHAT HINDERS US FROM ENTERING INTO THE THREE (3) DIFFERENT RESTS IN GOD?</u>

<u>ALL THREE (3) DIFFERENT RESTS IN GOD REQUIRE OBEDIENCE AND FAITH IN GOD TO ENTER.</u>

WHAT WILL HINDER US FROM ENTERING INTO THE REST IN GOD?

- UNBELIEF
- LACK OF FAITH

Heb 4:1-2 (KJV) 1 Let us therefore fear, lest, a promise being left us of entering into his rest, any of you should seem to come short of it.
Heb 4:2 (KJV) 2 For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, NOT BEING MIXED WITH FAITH IN THEM THAT HEARD IT.

Heb 4:6 (KJV) 6 Seeing therefore it remaineth that some must enter therein, and they to whom it was first preached ENTERED NOT IN BECAUSE OF UNBELIEF:

Heb 11:6 (KJV) 6 BUT WITHOUT FAITH IT IS IMPOSSIBLE TO PLEASE HIM: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

❖ WHAT IS THE CONSEQUENCE OF NOT ATTAINING THE REST IN GOD?

AS DISCIPLES OF JESUS CHRIST WE MUST STRIVE TO ENTER INTO THE PLACE OF REST IN GOD IN THE KINGDOM OF HEAVEN.

WE MUST **FIRST** ENTER INTO **THE SEVENTH DAY SABBATH REST, ONLY** THEN CAN WE ENTER INTO **THE STATE OF SPIRITUAL REST FOR OUR SOULS** BY FAITH IN JESUS CHRIST AND THEN WE WILL BE FINALLY PREPARED AS WE FOLLOW THE LEADING OF THE HOLY SPIRIT AND DO THE WORKS OF GOD, TO ENTER **THE ETERNAL REST** IN THE KINGDOM OF HEAVEN AT THE RESURRECTION WHEN JESUS CHRIST RETURNS TO THE EARTH.

THERE IS AN ETERNAL PUNISHMENT IN THE LAKE OF FIRE FOR NOT ENTERING INTO THE PLACE OF REST IN GOD IN THE KINGDOM OF HEAVEN.

Matt 7:21-23 (KJV) 21 Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.
Matt 7:22 (KJV) 22 Many will say to me in that day, Lord, Lord, have we not prophesied in thy name? and in thy name have cast out devils? and in thy name done many wonderful works?
Matt 7:23 (KJV) 23 And then will I profess unto them, I never knew you: depart from me, ye that work iniquity.

Matt 25:41 (KJV) 41 Then shall he say also unto them on the left hand, DEPART FROM ME, YE CURSED, INTO EVERLASTING FIRE, PREPARED FOR THE DEVIL AND HIS ANGELS:

CONCLUSION

THE THREE DIFFERENT TYPES OF **RESTS** WE MUST ENTER AS REVEALED BY GOD:

I. **SABBATH REST IN GOD**: THE FIRST REST WE ENTER IS **THE SEVENTH DAY SABBATH REST** WHICH IS A PHYSICAL REST WITH SPIRITUAL BLESSINGS AS WE COME OUT OF THE SYSTEM OF THE WORLD. THIS REST SEPARATES US FROM THIS PRESENT EVIL WORLD AND DEMONSTRATES THAT WE ARE WILLING TO BELONG TO THE KINGDOM OF HEAVEN. DURING THIS REST WE DO THE WORKS OF GOD IN PROMOTING THE KINGDOM OF HEAVEN.

II. **SOUL REST IN GOD**: ONCE WE ARE KEEPING THE SEVENTH DAY SABBATH REST ACCORDING TO THE COVENANT OF THE SPIRITUAL LAW OF GOD - THE TEN (10) COMMANDMENTS; WE THEN ARE READY TO ENTER INTO THE SPIRITUAL REST FOR OUR SOULS AS WE:

a. EXERCISE OBEDIENCE TO KEEPING THE LETTER OF THE COVENANT OF THE SPIRITUAL LAW OF GOD – THE TEN (10) COMMANDMENTS OF GOD; INCLUDING THE SEVENTH DAY SABBATH REST.
b. HAVE FAITH IN JESUS CHRIST.

c. BE BORN OF WATER – WATER BAPTISM IN WHICH THE SPIRIT IN MAN IS CHANGED FROM THE SPIRIT OF ADAM (SATAN) TO THE NEW SPIRIT OF CHRIST.
d. BE BORN OF THE SPIRIT: RECEIVING THE INDWELLING OF THE HOLY SPIRIT.
e. DEMONSTRATE THE RENEWING OF OUR CARNAL MIND TO A SPIRITUAL MIND BY THE LEADING OF THE HOLY SPIRIT.

III. THE ETERNAL REST IN GOD IN THE KINGDOM OF HEAVEN: THIS IS THE FINAL RESTING PLACE AS WE ENTER INTO THE KINGDOM OF GOD AT THE RESURRECTION AT THE SECOND COMING OF JESUS CHRIST. AT THIS TIME, WE WOULD HAVE LEARNT TO KEEP GOD'S SABBATHS HOLY; LEARNT THE SPIRITUAL REST IN OUR SOULS BY FAITH IN JESUS CHRIST AND HOW TO BE ABLE TO FUNCTION IN THE KINGDOM OF HEAVEN.